

Subject Profile

Physical Educa-

Oracy, Aspirations and Experiences underpin our curriculum decisions and support the school principles of A-E (adaptive, building connections, consistency, development and excellence.).



Intent



Creating a culture which aims to inspire an active generation to enjoy PE and physical activity.

Provide a safe and supportive environment for children to flourish in a range of different physical activities while supporting their physical, emotional, social and moral development.

To develop their understanding of the way in which they can use their body, equipment and apparatus safely yet imaginatively in a range of sports and activities.

To support children to develop a positive mindset and strive for **excellence**, preparing them physically and mentally for now, and the future.

To encourage children to participate in extra-curricular activities to become physically active now and throughout their whole life.

Implementation

Strong Foundations

The physical development of our children in nursery and reception is as an integral part of their learning. As these classes are part of the Early Years Foundation Stage Curriculum, we relate the physical development of the children to the objectives set out in the Development Matters and Birth to Five documents. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills. In turn, this develops their fine and gross motor skills while also supporting their fundamental movements skills.

Progression and Consistent Approach

We follow The Get Set 4 PE scheme of learning for PE. This begins in the Early Years and continues through Year 6, ensuring a **consistent** approach. Using this scheme ensures our PE curriculum is progressive. Children **develop** their skills in each unit of learning and can apply these to a variety of sports. These sports and activities include invasion games, net and wall games, gymnastics/yoga, dance, striking and fielding games. OAA, athletics and swimming. Children **build connections** between each discipline of PE as they revisit areas of learning frequently during their primary journey.

Vocabulary

Vocabulary in PE is vital in ensuring children are able to articulate themselves in sport specific language and physical activities. By building on children's core vocabulary from Early Years, it enables children to transition through each Key Stage with a wide range of vocabulary. In lessons, children revisit old vocabulary to ensure this is understood and then build upon with new subject specific vocabulary.

Experiences

Experiences in PE are a vital part of our PE curriculum which help enhance and promote the importance of staying active. Children receive multiple, real life experiences during their time at Whitleigh and are given opportunities to represent the school in competitions and events across the city.

Extra-Curricular

Children have the opportunity to develop their skills and knowledge in PE and physical activities through the wide range of extra-curricular clubs available to all children. This includes both traditional and non-traditional sports such as football, netball and field gun.

Adaptive

Building connections

Consistency

Development

Excellence